Sports World Sun Bowl 5K Run

Sweatshirt & Travel Bag to the first 200 registered

What
5k Run and 1 Mile Fun Walk

When
Saturday, December 19, 2009 at 9:30 a.m.

Where
Behind the Las Palmas LifeCare Center at 3333 North Mesa Street. Parking will be available at the Las Palmas LifeCare Center.

Entry Fees:

Pre-Registration - $20

Race Day Registration - $25 walk-ups

Group discount for teams of 10 or more runners - $15 each

Advance Military (ID required) & runners from Mexico (ID required) - $15 each

Registration:

Payment of entry fee is non-refundable.

Pre-register by mail; must be postmarked by 12/14/09

Register online at www.raceadventuresunlimited.com until 12/17/09 by 6 p.m.

Pre-register at Sun Bowl office until 12/26/08

Pre-register at Sports World at 11440 Montwood, Suite B on the corner of Montwood & Trawood (*see below)

Race Day registration time 7:30 a.m. - 9:15 a.m.

*Early registration and packet pick-up (if availible at that time) at Sports World Sporting Goods at 11440 Montwood, Suite B on the corner of Montwood & Trawood from December 1 to December 18, Monday - Friday from 9:00 a.m. - 7:00 p.m., Saturday 9:00 a.m. - 6:00 p.m. and Sunday 11:00 p.m. - 5:00 p.m.

Awards: Awards to the winners of each division will be presented following the race. Trophies will be awarded to the top 3 overall male and female finishers in the run only.

Medals will be awarded to the top 3 finishers in each age group in the run only.

5-9, 10-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

More Info: Call Joe Daubach at the Sun Bowl Association 915-533-4416

Please Note: Our insurance company prohibits the use of rollerblades, skateboards or allowing pets on the course.

Race Features:

Participation ribbons to all walkers

Refreshments and snacks provided.

Goody Bags to ALL participants.

Water stations throughout the course.

Door Prizes